

Course Outline

Certificate IV in Mental Health Code: CHC40508

This qualification covers workers who provide a range of community services focusing on:

- Rehabilitation and support for people affected by mental illness and psychiatric disability
- Implementing community based activities focusing on mental health, mental illness and psychiatric disability, and
- Mental health promotion work.

Work may focus on engaging people with mental illness in community participation, prevention of relapse and promotion of recovery through programs such as residential rehabilitation, work in clinical settings, home based outreach and centre-based programs delivered by community based non-government organisations. This work may also involve supported employment and programmed respite care. This qualification:

- Defines the knowledge and skills required by support workers and case workers who work autonomously under broad guidance
- Refers to specific knowledge of mental health issues and appropriate intervention processes applied in residential and community based settings.

Occupational titles may include:

Community rehabilitation and support worker
Mental health outreach worker

Mental health rehabilitation support worker

Community support worker
Mental health support worker

Prerequisite: None

PACKAGING RULES

15 units must be selected for this qualification including:

- 11 compulsory units *plus*
- 4 elective units

A wide range of elective units is available and may include:

- Relevant electives listed below the compulsory units for this qualification – these electives have been grouped to facilitate selection
- Units of competency to address workplace requirements and packaged at the level of this qualification or higher in Community Services and/or Health Training Packages
- Where appropriate, to address workplace requirements, units of competency packaged at this level or higher in other relevant Training Packages

Qualification Overview

Certificate IV in Mental Health Work requires fourteen (15) units to be completed for successful completion. Unit selection is comprised of eleven (11) compulsory units and the option of selecting four (4) elective units.

Compulsory Units

CHCAOD402A	Work effectively in the alcohol and other drugs sector
CHCCS400A	Work within a relevant legal and ethical framework
CHCMH401A	Work effectively in mental health settings
CHCMH402A	Apply understanding of mental health issues and recovery processes
CHCMH403A	Establish and maintain communication and relationships to support the recovery process
CHCMH404A	Conduct assessment and planning as part of the recovery process
CHCMH405A	Work collaboratively to support recovery process
HLTHIR403B	Work effectively with culturally diverse clients and co-workers
HLTHIR404B	Work effectively with Aboriginal and/or Torres Strait Islander people
HLTOHS300A	Contribute to OHS processes

AND one of the following units:

CHCCS514A	Recognise and respond to individuals at risk	OR
CHCCS521A	Assess and respond to individuals at risk of suicide	

Elective Units

Electives are to be selected in line with specified Packaging Rules. The following grouping of relevant electives is provided to facilitate selection and does not necessarily reflect workplace requirements. Electives may be selected from one or more groups. Employers may specify that certain electives are required to address specific workplace needs.

Addressing complex needs

CHCCS401B	Facilitate responsible behaviour
CHCCS416A	Assess and provide services for clients with complex needs
CHCCS504A	Provide services to clients with complex needs
CHCMH408B	Provide interventions to meet the needs of consumers with mental health and AOD issues
CHCORG428A	Reflect on and improve own professional practice

Work in residential settings

CHCCS305A	Assist clients with medication (<i>Note pre-requisite HLTAP301A</i>)
CHCCS419B	Provide support services to clients
HLTAP301A	Recognise healthy body systems in a health care context
HLTCSD306B	Respond effectively to difficult or challenging behaviour
CHCAD401D	Advocate for clients
CHCCS403B	Provide brief intervention
CHCDIS301A	Work effectively with people with a disability

Service coordination

CHCCOM403A	Use targeted communication skills to build relationships
CHCCS503A	Develop, implement and review services and programs to meet client needs
CHCORG406A	Supervise work
CHCORG423A	Maintain quality service delivery
CHCORG428A	Reflect on and improve own professional practice
CHCPOL404A	Undertake policy review

DELIVERY

On-site at your work place (Tasmania)

An assessor is on site at your workplace every four weeks conducting personal tuition.

Distance

Participant self manages their learning and sends assessment activities to their assessor. Support is provided by phone and email